



## **in touch with Parkinson's**

A comprehensive information and education Seminar focusing on the complexities of Parkinson's  
**SATURDAY 18TH OCTOBER 2014 (9am-1.30pm)**  
Souths Leagues Club  
181 Milton Street, MACKAY

**Join us for an educational experience as we delve inside the world of Parkinson's - the 2nd most common degenerative neurological condition in Australia.**

- Learn from world renowned experts in the field of Parkinson's neurology and neurosurgery as they explain the complexities of Parkinson's disease.
- What are the treatment choices available for people living with Parkinson's?
- Ways of better managing the symptoms through speech pathology and physiotherapy
- Balance, gait and falls
- Parkinson's Research

**Who should attend:**

- Health Professionals (GPs, nurses)
- Students
- Allied Health Professionals (speech pathologists, OTs, physiotherapists, social workers, counsellors, exercise physiologists, etc)
- People with Parkinson's and related disorders
- Care givers and family members.

**EVERYONE WELCOME**

### **HOW TO REGISTER**

**• Option 1 (preferred option)**

Register online by completing the online registration and payment process at [www.trybooking.com/FYWX](http://www.trybooking.com/FYWX)  
Please ensure you print your ticket which will also serve as your Tax Invoice.  
Online registrations close 16 October 2014.

**• Option 2** - Complete manual registration form and return to Parkinson's Queensland, PO Box 1684, Springwood Qld 4127.

**• Option 3** - Call the Parkinson's Queensland office on 1800 644 189.

### **REGISTRATION FEES**

Members/Carers	\$15 per person
Non Members	\$20 per person
Health Professionals	\$30 per person
Students	\$20 per person

Note: Members denote members of Parkinson's Queensland only. Registration Fees incl. GST. Registration includes morning tea. FREE on-site parking. To view our Privacy Policy please visit [www.parkinsons-qld.org.au/privacy-policy](http://www.parkinsons-qld.org.au/privacy-policy)

# PROGRAM

- 9.00am **Welcome**
- 9.05am **Opening**  
Cr Kevin Casey -  
Deputy Mayor of Mackay  
Regional Council
- 9.15am **Parkinson's Queensland  
Presentation**  
Helen Crew,  
Chief Executive Officer
- 9.30am **What is Parkinson's/  
Treatment Options**  
Professor Peter Silburn
- 10.00am **Deep Brain Stimulation**  
Associate Professor Terry Coyne
- 10.30am **Q & A Forum**  
Treatment Options – Professor  
Silburn/Associate Professor Coyne
- 11.00am **Refreshment Break**
- 11.30am **Thinking on your feet: Balance,  
gait and falls in Parkinson's**  
Professor Graham Kerr
- 12.00pm **Supporting the communication  
needs of people with Parkinson's**  
Professor Deborah Theodoros
- 12.30pm **Physiotherapy strategies for  
improving movement in people  
with Parkinson's**  
Dr Robyn Lamont
- 1.00pm **Q & A Forum**  
Professor Graham Kerr  
Professor Deborah Theodoros  
Dr Robyn Lamont
- 1.30pm **Close**



Parkinson's Queensland is a non-profit community organisation that represents approx. 17,000 Queenslanders. We provide information, education, support, awareness, advocacy and research.

We support people living with Parkinson's, their families and carers. Our organisation works to create a better awareness about the condition amongst health professionals and community workers as well as the general community.

## VENUE LOCATION

### LOCATION

Souths Leagues Club  
181 Milton Street, Mackay  
07 4957 2166

### PARKING

Plenty of Free Parking at the venue

### DISABLED ACCESS

The building is on ground level therefore disable access is not an issue, there is also two disabled toilets.

### ACCOMMODATION & PUBLIC TRANSPORT

Please contact us if you need an accomodation list or bus timetable.

## THE SPEAKERS AT A GLANCE

### Professor Peter Silburn

#### Treatment Options - Managing medication

Professor Peter Silburn is Professor of Clinical Neuroscience at The University of Queensland and the Patron of Parkinson's Queensland. He is a world expert in the treatment and research of Parkinson's disease. Peter's research into deep brain stimulation (DBS) is changing the lives of people with Parkinson's disease, as well as a wide range of other neurodegenerative diseases. Peter really likes looking into people's brains. In fact, with neurosurgeon Dr Terry Coyne, he's been deeper into the human brain than most people in the world. With Dr Coyne and a team of researchers from a wide range of other disciplines, Peter leads one of the busiest clinical neurosciences units in Australia.



In the 2013 Australia Day Honour's List Peter was awarded Member (AM) in the General Division of the Order of Australia for significant service to medicine as a neurologist, particularly in the treatment of neurodegenerative diseases.

### Associate Professor Terry Coyne

#### Treatment Options - Deep Brain Stimulation

A founding member of Brizbrain, Terry is a neurosurgeon with specialist skills in brain and spinal surgery. Dr Coyne is an Associate Professor Faculty Medicine at the University of Qld, Griffith University and Bond University. Dr Coyne is also on the advisory board for the Asia-Pacific Centre for Neuromodulation, University of Queensland (APCN).



### Professor Graham Kerr

#### Thinking on your feet: Balance, gait and falls in Parkinson's disease

Professor Graham Kerr is founder and director of the Movement Neuroscience Program in the Institute of Health and Biomedical Innovation at Queensland University of Technology. He is internationally renowned for his clinical research, particularly his research into ageing, balance, gait and falls in older people, motor control, movement disorders, Parkinson's disease and sensorimotor coordination. Professor Kerr has been a chief investigator on international, national and state competitive research grants worth over \$11,000,000. He has been continuously funded by national Category 1 competitive grants since 1995. Graham has been an integral member of many boards and committees driving decisions in the areas of research and funding. He has also donated much of his time and resources to different community projects working with research institutions and government agencies to deliver results to people living with neurological diseases. He has an active research profile with over 100 publications in peer-reviewed journals and is regularly invited to speak at national and international conferences. Graham is currently the Vice President of Parkinson's Queensland.



### Professor Deborah Theodoros

#### Supporting the communication needs of people with Parkinson's

Professor Theodoros is Head of the Division of Speech Pathology within the School of Health and Rehabilitation Sciences at the University of Queensland. She is a founder and co-director of the Telerehabilitation Research Unit within the School.



Her research has centred on the assessment and treatment of motor speech disorders, and the development of telerehabilitation applications for communication and swallowing disorders. She has published well over 100 articles and three textbooks, the most recent titled, Communication and Swallowing in Parkinson Disease. Deborah is a chief investigator on a new NHMRC Centre for Research Excellence in Telehealth. She is the current President of Speech Pathology Australia.

### Professor Robyn Lamont

#### Physiotherapy strategies for improving movement in people with Parkinson's

Robyn is a physiotherapist with a Masters of physiotherapy specialising neurological physiotherapy. Robyn has a special research interest in the physiotherapy management of Parkinson's disease and with the support of PQI has recently completed a PhD investigating "Community ambulation in people with Parkinson's disease". This research has led to an improved understanding of factors that make getting out and about in the community difficult for people with Parkinson's disease, and the strategies people use to overcome or avoid these barriers. Since completing her PhD, Robyn has taken a position of Post-doctoral Research Fellow in the Asia Pacific Centre for Neuromodulation at the University of Queensland. In this role Roby works with a team of researchers working to develop technologies that are better able to monitor the impact of Parkinson's disease on everyday life. Such technologies would allow clinicians and researchers to better understand the individual impact of Parkinson's symptoms and to better evaluate the effect of treatments on the life of people with Parkinson's.



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### For further information please contact

Parkinson's Queensland  
 1800 644 189 or 07 3209 1588  
 SupportServices@parkinsonsqld.org.au